

# EXPLORE

Explore Del Ray \* Exercise \* Discover \* Find \* Experience \* Dream

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\$50  
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## Ways to Exercise

**Exercise:** Bike, walk or run around the neighborhood for a total of 4.41 miles. **#1 E Glebe Rd, Along Rt 1, W Braddock Rd, Russell Rd.**

**Exercise:** Hike Mt. Jefferson Trail for half a mile. **#2 Trail Head at Raymond Ave.**

**Exercise:** 14 workout stations with over 100 strength movements. **#3 Along Main Line Blvd.**

**Exercise:** Walk the Judy Lowe Park labyrinth. **#4 Park, Commonwealth Ave & Del Ray Ave.**

## Discover Homes

**Discover:** Small Bungalows were built in the area for the railroad workers. Fortunately, there are still a few remaining properties that have maintained their original floor plans. This home was built in 1907 with 640 sq ft on a standard lot, giving it room for a full garden and lots of outdoor living space. **#5 House, 210 E Randolph Ave.**

**Discover:** One of the earliest homes remaining intact, this Modified Queen Anne was built in 1896. House has faceted window bay with "candle snuffer" turret on the corner, carved window pediment lintels, pressed metal roof and original wrought iron fence. **#6 House, 12 Oxford Ave.**

**Discover:** First business woman in Del Ray, Mary E. Woodward owned and operated a bakery she ran out of her home from 1899 - 1911. The row house, Italianate style was built in 1896 became a convenient spot for passengers to pick up pastries during their daily commute. The Electric Railway stop was located at the intersection of Del Ray & Commonwealth Ave. **#7 House, 101 E Del Ray Ave.**

## Find Nature

**Find:** A large split trunk Longleaf Pine (Pinus Palustris) is one of the largest trees in the area. **#8 220 E Howell Ave.**

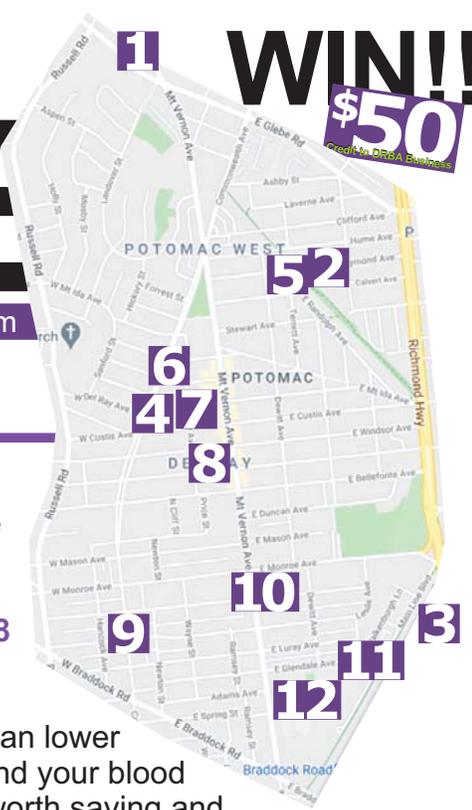
**Find:** Large trees can lower the summer heat and your blood pressure. They're worth saving and planting more. **#9 Alexandria & Hancock Ave.**

## Experience Art

**Experience:** Often overlooked the painted art mural on the North wall of the drugstore was painted when the building was an antique shop. The neighborhood requested it remain when the building was renovated. Note the bank sign in the reflection on the mirror and this mural even influenced the canopy style for the building's updates. **#10 Mural, 1517 Mount Vernon Ave.**

**Experience:** It is very unusual to have an industrial corridor with gorgeous Art Deco design. Note the structure on the left of the building. That is an electrical substation that the neighborhood negotiated to mimic the Art Deco design in the area. **#11 Structures, 500 E Monroe Ave & South along Leslie Ave.**

**Experience:** The George Washington Middle School is not only the former school for Jim Morrison, musician from The Doors, it's also the largest example of amazing Art Deco architecture design in the area. Originally built in the 1930's the school has extraordinary limestone details along the roof with eagles and hints of industry on West side at the Shop building. **#12 School, 1005 Mount Vernon Ave.**



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